



Together we build

| March 2026 | | | | | | | |
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| WK | Mo | Tu | We | Th | Fr | Sa | Su |
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| 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 11 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 12 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 13 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 14 | 30 | 31 | | | | | |

| April 2026 | | | | | | | |
|------------|----|----|----|----|----|----|----|
| WK | Mo | Tu | We | Th | Fr | Sa | Su |
| 14 | | | 1 | 2 | 3 | 4 | 5 |
| 15 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 16 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 17 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 18 | 27 | 28 | 29 | 30 | | | |

Key

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| Pupils at School |
| Weekends |
| Teacher Training Days |
| Bank Holidays |
| Holiday |

Don't forget your refillable water bottle



Weekly Newsletter

Spring Term 2

Issue 206

20th March 2026

Learn with the Lords

Today students took part in a virtual Q & A session with Philip, Lord Norton of Louth at the House of Lords.

Students asked a variety of questions ranging from Lord Norton's role in the House of Lords, to his favourite lessons whilst at school.

Lord Norton also shared a short presentation with students to show them who the House of Lords are and what they do.



If your child brings a packed lunch, please remind them to store their lunch box/bag in the fridge in the dining room, not in their classrooms.

Lunch bags with a long strap are no longer allowed in School for safety reasons.

Please ensure your child has a lunch box or bag with a short handle.



Oakham Shires School Open Day

We look forward to hosting an Open Day on Wednesday 1st April between 09.30 am and 1.30 pm.

Please pass this information on to any parents you know who may be considering a specialist School for their child, we would like to meet them.

Visitors will be able to meet staff and students, have a tour of the school and see the facilities we have on offer.

International Day of Happiness

Friday 20 March 2026



Leicestershire Partnership
NHS Trust

This year's theme looks at how social media affects our happiness. It highlights the challenges it can create for our wellbeing as well as the positive ways we can use technology to support ourselves and others.

Why happiness matters?

- Supports good mental health
- Strengthens relationships
- Boosts learning and motivation



Habits to support happiness

- Get enough sleep and stay active
- Spend time with people who uplift you
- Take breaks from screens
- Be kind to others



Mental Health Support
Teams in Schools

Need more support?

MySelfReferral - My Self-referral is a website available to young people up to the age of 18 who want advice and support for their mental health. It enables young people to self-care and access a broad range of advice, resources and services.

Health For Teens - Health for Teens is a fantastic resource for young people to find out more about health, covering the likes of feelings, growing up, health, lifestyle, relationships and sexual health.

Health For Kids - Find top tips and advice on all aspects of children's emotional and physical health, from keeping kids active and eating well, to building their confidence and equipping them to cope with specific health issues.

NHS 111 - Head to **NHS 111 online** or call **111** and select the mental health option to get advice and support from trained professionals, day or night.

Scan this QR code or visit the link for more about our support services:

leicspart.nhs.uk/mental-health

