



Weekly Newsletter

Autumn Term 1

Issue 189

17th October 2025

Together we build

October 2025

Wk	Mo	Tu	We	Th	Fr	Sa	Su
39			1	2	3	4	5
40	6	7	8	9	10	11	12
41	13	14	15	16	17	18	19
42	20	21	22	23	24	25	26
43	27	28	29	30	31		

November 2025

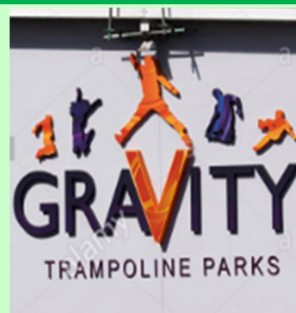
Wk	Mo	Tu	We	Th	Fr	Sa	Su
43						1	2
44	3	4	5	6	7	8	9
45	10	11	12	13	14	15	16
46	17	18	19	20	21	22	23
47	24	25	26	27	28	29	30

Key

Pupils at School
Weekends
Teacher Training Days
Bank Holidays
Holiday

We break up today for half term; returning Monday 3rd November.

We hope you all have a relaxing and enjoyable break.



Parents have been sent new Waivers which need to be completed for all children attending Gravity Trampoline Park with school as their timetabled activity of choice. If your child usually attends trampolining and you haven't already completed a waiver please contact your class teacher to obtain this from them, without it they will not be able to attend.

With the colder weather quickly heading our way, the kitchen will be doing hot chocolate again soon. If your child would like a hot drink in school, whether that be hot chocolate or a cup of tea, they need to bring a travel mug with a lid in with them.



Don't forget to send your child to school with a refillable water bottle, school do not provide these.





Safe, evidence-based support to help autistic young people feel connected, improve mental health and reduce suicide risk

Tellmi is a safe, inclusive digital communication platform where autistic young people can connect safely and anonymously in age-banded groups. 100% human pre-moderation and pre-emptive counsellor intervention reduces suicide risk in autistic young people.

Tellmi is a multi-award winning, age-banded, peer support app that the **NHS** deems safe for people as young as 11. The app has been independently evaluated by the Evidence Based Practice Unit at University College London and is evidenced to improve mental health in young people. Users can anonymously post about anything that is worrying them and receive supportive replies from other people of a similar age. All posts and replies are checked by trained moderators and are published within 30 minutes. High-risk posts are redirected to the in-house counselling team for immediate support.

Tellmi features a comprehensive support directory with over 700 resources and educational resources and users can access 24/7 crisis support in two clicks. Both the feed and directory can be filtered by topic, e.g. 'autism', 'friends', 'self-harm', which makes it easy for young people to join relevant conversations and access appropriate support.

Over 75,000 young people are on Tellmi. It can be downloaded from the App Store or Google Play, or the web version can be accessed at www.tellmi.app. For more information about our approach to confidentiality, safeguarding or any other question, please visit <https://www.tellmi.help/safeguarding>.

After half term, as part of our wider curriculum offer, we are pleased to introduce two new activities for our students:



We will be visiting **Greetham Valley Golf Club** weekly for sessions on their driving range

We will also be visiting **Thunderbowl** at Kettering for weekly pool sessions



These new activities will provide lots of opportunities for our pupils to develop in their physical & sensory, communication and interaction and social, emotional and mental health areas of their EHCP targets.