



*Together we
build*

Term Dates Reminder:

| June 2025 | | | | | | |
|-----------|----|----|----|----|----|-------|
| WK | Mo | Tu | We | Th | Fr | Sa Su |
| 22 | | | | | | 1 |
| 23 | 2 | 3 | 4 | 5 | 6 | 7 8 |
| 24 | 9 | 10 | 11 | 12 | 13 | 14 15 |
| 25 | 16 | 17 | 18 | 19 | 20 | 21 22 |
| 26 | 23 | 24 | 25 | 26 | 27 | 28 29 |
| 27 | 30 | | | | | |

| July 2025 | | | | | | |
|-----------|----|----|----|----|----|-------|
| WK | Mo | Tu | We | Th | Fr | Sa Su |
| 27 | | 1 | 2 | 3 | 4 | 5 6 |
| 28 | 7 | 8 | 9 | 10 | 11 | 12 13 |
| 29 | 14 | 15 | 16 | 17 | 18 | 19 20 |
| 30 | 21 | 22 | 23 | 24 | 25 | 26 27 |
| 31 | 28 | 29 | 30 | 31 | | |

Key

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|-----------------------|
| Pupils at School |
| Weekends |
| Teacher Training Days |
| Bank Holidays |
| Holiday |

Warmer Weather:

We are due some warm weather again soon. Please can you ensure that your children are coming to school with a water bottle that can be refilled with water or squash at school; sun cream applied before school and some in a labelled bottle (if necessary).



Weekly Newsletter

Summer Term 2

Issue 177 13th June 2025

Key services that are able to offer young people support:

Mental Health & Emotional Support

Childline

Website: childline.org.uk

Freephone: 0800 1111

Support for: Any issue — abuse, anxiety, bullying, family, relationships.

Features: 1-to-1 online chat, message boards, videos, advice articles.

Ages: Up to 19.

Kooth

Website: kooth.com

Support for: Mental health and emotional wellbeing.

Features: Free, anonymous counselling and peer support online.

Ages: 11–25 (age range may vary by region).

The Mix

Website: themix.org.uk

Helpline: 0808 808 4994 (or text THEMIX to 85258 for crisis help)

Support for: Mental health, relationships, sex, drugs, money, housing.

Ages: Under 25.

Safeguarding, Abuse & Safety

NSPCC

Website: nspcc.org.uk

Helpline: 0808 800 5000 (for adults worried about a child)

Childline is their service for young people.

Support for: Child protection, abuse, neglect, online safety.

CEOP (Child Exploitation and Online Protection)

Website: ceop.police.uk

Support for: Reporting online abuse, exploitation, or grooming.

Run by: National Crime Agency.

Useful for: Online safety and serious safeguarding concerns.

Sexual Health, Gender & Identity Support

Brook

Website: brook.org.uk

Support for: Sexual health, contraception, relationships, gender identity.

Ages: Under 25.

Mermaids

Website: mermaidsuk.org.uk

Support for: Gender-diverse and transgender young people and their families.

Ages: Up to 20 (with support for parents/carers too).

Housing & Practical Help

Centrepunkt

Website: centrepunkt.org.uk

Support for: Homelessness, housing support, job skills.

Ages: 16–25.

Shelter

Website: shelter.org.uk

Helpline: 0808 800 4444

Support for: Housing rights, homelessness, emergency accommodation.

Immediate Crisis Support

SHOUT

Text: Text SHOUT to 85258

Support for: Mental health crisis — 24/7 free text support.

Ages: All ages, but widely used by young people.

